

EMPIRE

CANTEEN

O . B . P . S | 2 0 2 3

RECESS & SNACKS

| | |
|------------------------------------|--------|
| Popcorn | 50c |
| Scrolls (sweet chilli or vegemite) | 50c |
| Fruit salad | \$2.00 |
| Sea salt chips | \$2.00 |
| Vanilla ice cream cups | \$2.00 |
| Banana & choc chip muffins | \$2.00 |
| Hommus & carrot sticks | \$2.00 |

DRINKS

| | |
|------------------------------------------------|--------|
| Poppers - Apple & blackcurrent, paradise punch | \$2.00 |
| Flavoured chocolate or strawberry milk | \$2.50 |
| Warm or cold milo | \$2.00 |

LUNCH

SANDWICHES

Made on wholemeal bread
(Gluten free bread available add +50c)

| | |
|------------------------------------------------------------------|---------|
| Vegemite | \$2.00 |
| Curried egg & lettuce | \$4.00 |
| Salad (lettuce, tomato, cucumber, beetroot, carrot & mayonnaise) | \$5.00 |
| Super salad wrap with hommus | \$7.00 |
| Chicken, lettuce & mayonnaise | \$4.70 |
| Add chicken, ham or tuna | +\$1.00 |
| Toasted cheese | \$2.50 |
| Add ham | +\$1.00 |

HOT FOOD

| | |
|------------------------------|--------|
| Sausage roll | \$4.50 |
| Chicken, pesto, baby spinach | |
| toasted turkish | \$7.00 |
| Chicken tender wraps with | |
| lettuce & mayonnaise | \$4.50 |
| Dino nuggets x 5 | \$4.50 |
| Tomato & BBQ sauce | +50c |



FOLLOW EMPIRE CANTEEN

Keep an eye out on Flexi Schools and our Empire Canteen Facebook page for weekly specials.

Catering can be arranged for private events large and small. Get in contact with Kristy on 0423 618 535 for further information.